

**Supporting people  
with cancer to access  
and understand  
information relevant  
to their cancer  
treatment and care**



# Getting Started

This booklet is designed to help patients with cancer and their family members to get the most out of their relationship with their treating D.S. Research Centre team.

Our team are dedicated to helping people deal with the challenges of their illness and to get the very best possible out of their lives. This booklet has been developed to help you communicate with your treating D.S. Research

Centre team. And to help you address a wide range of issues that are relevant both for you as a patient living with cancer which may in advanced or pre stage. We hope and trust that you will find this booklet helpful. Should you wish to offer feedback or make suggestions for future editions, please contact at

[info@dsresearchcentre.org](mailto:info@dsresearchcentre.org).



LET US SAVE OUR WORLD FROM CANCER

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# Find support, find hope.

## There is no right way to deal with a cancer diagnosis.

Everyone's journey with the disease is unique, but sometimes advice from those who also went through it can help. Cancer support groups are meetings for people with cancer and anyone touched by the disease. They can have many benefits. Even though a lot of people receive support from friends and family, the number one reason they join a support group is to be with others who have similar cancer experiences. Some research shows that joining a support group improves both quality of life and survival.

### Support groups can:

- Help you feel better, more hopeful, and not so alone
- Give you a chance to talk about your feelings and work through them
- Help you cope with side effects of treatment



“Cancer Support group “**MITWA**” is not only an ideal place for the cancer patients – to vent feelings and frustrations – but also a place for laughter. To feel like just another person, not a cancer 'victim'.”

**-Ms. Hansha jain** , cancer survivor and active member of MITWA cancer support group..

- When diagnosed with cancer, there is information available to help people with cancer to understand their illness., we introduced **CCC (council for cancer care)** & **mitwa** to guide people to help to take control of their cancer care. We bring you personalised treatment protocols to help you heal better, feel better and live better during and after your cancer treatment.
- Our specialized cancer care experts provide therapies to help decrease your side effects and improve your treatment outcomes. Treatment protocols are not just focused on quality of life, but rather assist you in making permanent lifestyle changes that help decrease the chances of relapse, a crucial concern for most cancer patients and survivors. **We care for your diet, body and mind throughout your cancer journey.**



**ds** | **D.S.  
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# Let's continue the conversation



## Get in contact

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## Disclaimer

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