Effects of Diet and Nutrition in Healing Cancer



Getting Started

This booklet is designed to help patients with cancer and their family members to get the most out of their relationship with their treating D.S. Research Centre team.

Our team are dedicated to helping people deal with the challenges of their illness and to get the very best possible out of their lives. This booklet has been developed to help you communicate with your treating D.S. Research

Centre team. And to help you address a wide range of issues that are relevant both for you as a patient living with cancer which may in advanced or pre stage. We hope and trust that you will find this booklet helpful. Should you wish to offer feedback or make suggestions for future editions, please contact at

info@dsresearchcentre.org.





Everyone isDifferent

Because everyone is different, there is no way to know if you will have eating problems and, if so, how bad they will be. You may have just a few problems or none at all. In part, this depends on the type of cancer you have, where it is in your body, what kind of treatment you have, how long treatment lasts, and the doses of treatment you receive. During treatment, there are many helpful medicines and other ways to manage eating problems. Your dietitian can tell you more about the types of eating problems you might expect and ways to manage them. If you start to have eating problems, tell your dietitian for further assistance.

The effects of the right diet and nutritional plan have a profound impact on healing **cancer**.





Functional foods. nutritiously dense and effective combinations of various superfoods can help in detoxification of toxins, strengthen the digestive system, increase absorption of nutrition, all resulting in a stronger immune system, better management of side effects of treatment and increasing the effectiveness or

effectiveness or

- treatment and healing.
- A personalised dietary protocol that fits alongside mainstream treatment and post treatment. is one of the most essential steps that you can take in healing your cancer. Our experts **Dietitian Program** takes its nutrition protocol very seriously. Your nutritionist will work towards strengthening and building your immunity to optimal health.



Let's continue the conversation



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